



LENA SCHICKHAUS  
YMCA Germany

30 years of age or under on 4 July 2022? Yes

## BIOGRAPHY

Young people are not only the future of our world, they are the present. As a young woman, Lena is thankful to say that in the YMCA she received the opportunity to get rooted in a strong community, got to see the beauty of serving others, got a voice that was heard by others and a faith in a God that knows no borders.

As Vice President of a large local YMCA in Berlin, Lena was entrusted with the responsibility of leading her YMCA into years of change, challenge and opportunity. As a member of the Executive Committee, Lena wants to give back what the YMCA gave her and speak for the young people out there helping to find solutions and new ideas on how the YMCA can shape the future of our generation and generations to come.

Vice President of YMCA Berlin since 2019 (Board member since 2018), member of the committee "YMCA Worldwide" in YMCA Germany and a former YMCA Change Agent (2017-2018), Lena studied medicine at Charité Berlin since 2015; going to be a graduated medical doctor in June 2022. Lena's focus is on pediatric care and youth health. She has international YMCA experience through one-year voluntary service in YMCA Perú in 2014/2015 and participating in YMCA World Council 2018.

Lena believes the YMCA is the best place on earth for young people to explore their purpose in life, get the motivation to change our world and find hope for the future. For her, young people get transformed by the love of Jesus Christ and start to serve their communities as the Paris Basis calls them to spread God's kingdom among young people. The beauty of people coming together from all ends of the world and having the same goal - striving for hope, purpose and the future for our generation - is what amazes her most when she thinks about the YMCA.

As a professional in health issues with focus on pediatric and youth care, Lena knows the importance of mental health in society. She wants to put emphasis on this topic within the movement and help to develop strategies on how to strengthen young people's mental health.

